

WHAT'S THE SCORE ?

NEWSLETTER of THE LAKE COUNTRY PICKLEBALL CLUB



That Was a Great Brawl !

204 players, 16 events, 90 medals, 353 games played, help for the Food Bank, new friends, amazing pickleball... what more could you ask for!!!

With just 2 weeks to go before the scheduled start of the tournament, and the wildfires still smoldering around the pickleball courts at Benchlands Park, the tournament organizing committee were faced with a difficult decision to cancel or move the 2023 tournament.

A few calls and texts to the Vernon Pickleball Association and some quick decision making from their Executive team resulted in an opportunity to move the Fall Brawl to the fabulous Okanagan Wealth Advisors Pickleball Complex in Vernon. The tournament was a huge success and we send out a huge **THANK YOU** to the Executive and Members of the VPA for being such a great neighbour under difficult circumstances!

The tournament was a great success **THANKS** to Brett MacPherson, Karen Austin and the rest of the organizing committee and volunteers that made it happen. We made a lot of new friends, had some great pickleball, and raised \$1875 that was donated to the Lake Country Food Bank at just the right time!

The 3rd annual Fall Brawl is already scheduled for September 7 & 8, 2024 back at Benchlands Park in Lake Country – *under clear skies and sunshine ☺ !*

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Looking for a great place to get in some pickleball over the fall and winter? The Okanagan Centre Hall is now taking reservations for their indoor pickleball court! There is a good selection of 2 hour time slots available 7 days a week for \$20-30/slot. You can book 1 slot or week-to-week. “The Hall” has great lighting, a great floor and is a perfect place to practice your skills. For details visit their website:



<https://lcpickleball.wixsite.com/okc-hall>



SOCIAL play in our assigned groups will continue into October - as long as the weather cooperates and the courts are safe to play on. The schedule on Sign-Up Genius will be updated every week and courts/start times will be equally balanced among all groups. Group Captains are responsible for cancelling play due to wet courts, cold temps, etc., and should have an effective method of communicating with your group members using email, texting or Facebook to get the word out on short notice.



Volunteers Needed for Windscreens

On Saturday October 21st at 12 Noon we are looking for 8-10 volunteers - and a few ladders - to help take down the windscreens around the courts at Benchlands Park. We also need some dry storage space for the screens through the winter months so they don't get damaged. If you are available to help out please register on SignUp Genius or send an email to:

lakecountrypickleball@gmail.com

Volunteer of the Month



September - Cheryl Soleway

Congratulations to Volunteer of the Month and LCPC member, Cheryl Soleway, for stepping up and taking on the high profile role of emcee and announcer at this years Fall Brawl tournament recently held in Vernon. Cheryl brought her energy, enthusiasm and knowledge of pickleball to help create a great atmosphere for all players and spectators throughout the tournament. Great work Cheryl, we'd love to have you back next year, so start practicing... **LET'S GET READY TO RUMBLE!**

Volunteer of the Month is Sponsored by



**LET'S
THANK
VERNON!**



Pickleball Today is having a contest to recognize the best pickleball club in Canada. Our friends in Vernon are in the running and need votes from LCPC members to make it to the top! Click the button below to go to the website, and select the Vernon Pickleball logo to submit your vote... **Vote NOW!**

Vote Vernon





Brett MacPherson - LCPC Head Pro

Topic: Driving vs Dropping

What is a drive?

A drive is when you use a ground stroke to hit the ball low to the net with pace at your opponent or the open court.

What is a drop?

A drop is a ball that lands in the kitchen which allows you to get established at the kitchen line.

When to drive?

- When your opponent hits a short return
- When your opponents are pushed wide or off balance and there's an opening in the court. Drive into the gap.
- When your opponents hit a deep return, drive the 3rd shot and then hit a 5th shot drop to get established at the kitchen line.

When to drop?

- When your opponent hits a good low bouncing return.
- If you don't have a two handed backhand typical a safe play on your backhand is to drop if they hit to your backhand.
- To reset the point (if you pop the ball up and back up, use a drop to re-establish your ground at the kitchen line.

Send me your questions about the game, equipment and drills.
brettmacphersonpb@gmail.com
Text 250.300.5326



Learn The Ground Stroke
with Tyson McGuffin



Learn The Drop Shot
with Tyson McGuffin

Click for recommended Youtube videos

IMPORTANT! + FIRST AID – *AED + BE PREPARED!

Every season we hear about emergency medical incidents on the courts. We all need to be prepared to help a member in distress. Please take a moment to familiarize yourself with equipment and procedures available at Benchlands Park Pickleball Courts - you could help save a life.

A First Aid Kit and *AED are stored in the shed for medical emergencies.



Members should know the lock combination code – ask your Group Captain.

A First Aid Kit and *AED are on a shelf in the upper right corner of the storage shed.



Take 2 minutes to learn how to use the *AED. It's simple, effective and life saving!



Click arrow for video instructions

*AED – Automated External Defibrillator